



**May 23, 2019 Meeting Minutes
10:00-11:30 a.m. Anderson Hospital, Maryville, IL**

Jessica Duft, Vice Chair, began the meeting with a welcome to all and asked for brief introductions from participants.

Current Business:

- 501 (c) 3 work group formed to research and determine the components needed to formalize the Partnership. Denise will coordinate a meeting with Amy Yeagar, Donna Nahlik and Tom Gibbons to get started on the 501 (c) 3 process. If you are interested and available to assist with this process, please let a member of the Executive Committee know at partnershipdrugfreecommunities@gmail.org
- The Executive Committee has two open at large positions. Jessica asked for volunteers: Julie Swanston and Angela Roberts volunteered.
- Karen shared 2018 overdose deaths data from the St. Clair County Coroner’s Office and the Madison County Coroner’s Office. She explained that the numbers are much lower in St. Clair County than Madison County—the coroner’s report overdose data differently. In both counties, overdose deaths were primarily due to fentanyl. The following charts shows the percentage change between 2017 and 2018.

<i>Overdose Deaths</i>	<i>Opioids</i>	<i>All Drugs</i>
Madison County	-7%	+23%
St. Clair County	+59%	+17%

NOTE: the data summaries will be posted on PartnershipDrugFree.org

This prompted a discussion about how data is collected by county, region, state and national. Additional information needed including from all organizations in Madison and St. Clair Counties as well as surrounding counties including St. Louis. Overdose reversal data needed from all organizations to get a complete picture.

- The Executive Committee and the Work Groups continue to use the strategic planning information as the basis for the Partnership work. Many topics identified are on the topic list for future meetings.

Guest speaker:

- Brittany McCrady, MSW, LCSW with Centerstone presented on Co-occurring Mental Health and Substance Use.
- NAMI reported in 2014 7.9 million people living in the U.S. have both mental health and substance use disorders. Often times it is difficult to separate mental health and substance use because they impact each other. A person with a mental health disorder may use a substance to help cope and then experience increased vulnerability because of the substance.
- Mental health and substance use disorders can be intertwined:
 - exacerbate each other,
 - mimic symptoms of each other,
 - trigger each other,
 - mask each other.
- What do we do to help an individual with a mental health and substance use disorder:



- Use an integrated approach
- Ongoing risk assessment
- Adjust the level of care and support needed by the individual
- Find resources at https://www.riverbendfamilies.org/media/pdf/CRD_2018.pdf

Work Group Updates:

- Education and Prevention Work Group: The work group will be meeting after the Partnership meeting and Kristin will present **Prevention 101** to remind us of evidence based and best practice strategies important in prevention. The Work Group will be working on a campaign to reduce the use of electronic cigarettes as well as a community event in 2019. For additional information, contact Elizabeth at marketing@docbaird.com or Kristin at kmgrant@chestnut.org
- Law Enforcement Work Group: Tom Gibbons presented on the statute addressing legalizing cannabis. Revenue for the State of Illinois budget is what the legislature and the Governor are focused on. For additional information, contact tablaylock@co.madison.il.us or Nick at nnovacich@GraniteCity.Illinois.gov
- Treatment and Recovery Work Group: The Work Group continues their work using the information from the strategic planning activity. The October Partnership meeting will be a Recovery Panel. The meetings are held the first Wednesday of each month noon-1:30 at Chestnut Health Systems Maryville office. Please bring your own lunch and join us. For additional information, contact treatmentandrecoveryworkgroup@gmail.com

Announcements:

- Alex Berenson, reporter and author wrote a book about Marijuana called *Tell Your Children: The Truth about Marijuana, Mental Illness and Violence*. There are some books available.
- BJC School Outreach and Youth Development is hosting the Second School Nurse Survival conference on August 2 at St. Clair County Regional Office of Education. For more information or to register go to bjcschooloutreach.org
- Karen Tilashalski, Chestnut provided handouts from Smart Approaches to Marijuana.
- Metro East Recovery Council meets the second Thursday of each month, 9:00 A.M. at the Metro East Parks and Recreation Department in Collinsville.
- St. Clair County Medication Drop Box locations updated.
- DEA awareness event at the Gateway Grizzley's game on May 29.
- Mike Luther, Chestnut distributed information sheets on Opioids, Commonly Misused Medications and Alcohol.

Reminders

- **Due to the holidays, November and December meetings will be combined and held on Thursday, December 5.**
- **Next Meeting: Wednesday, June 26th, 10:00 a.m.-11:30 a.m. at Anderson Hospital in Maryville, IL.** The guest speaker will be Judge Kyle Ann Napp. She will present on Drug Court.

If there are any additions or corrections, please let me know. Denise Strehlow at denise.strehlow@bjc.org or 314-580-3767.