

Partnership for Drug-Free Communities Minutes
May 23, 2018
10:00-11:30 a.m. Anderson Hospital, Education Classrooms

Caroline Reynolds began the meeting with a Welcome and asked for brief introductions from participants. Caroline also provided an overview of the reason the Partnership for Drug-Free Communities meets regularly and reviewed the mission of the group: To mobilize community partners to develop comprehensive strategies focused on drug education, prevention, treatment and enforcement. Caroline reminded the group that we come together to share information about the trends of misuse of all substances and educate each other on what we see in our work.

Current Business:

Caroline discussed the history of no meeting in July due to small attendance and the need for vacation time for partner organizations. A voice vote of the participants was taken and there will not be a July meeting.

Commitment letters are being accepted for individuals and organizations. The intent of the commitment letter is to determine who partners are and to provide some structure for voting on future issues. Individuals and organizations are asked to complete the letter and return to Karen.

Workgroup updates:

Education and Prevention- Jessica Duft provided the update for the group.

- At the June meeting, Prevention will be the focus with a presentation from Kristin Grant, Chestnut and Denise Strehlow, BJC School Outreach and Youth Development.
 - The needs of the senior population was raised as a potential unmet need in area. A survey is being developed to do a needs assessment with a focus on prescription drug disposal, education and resources available on opiates and other substances. Current senior service providers will be asked to complete the survey and assist in identifying potential needs as well as opportunities for education.
 - An input form was developed to assist in the creation of a speaker's bureau for the Partnership. The form will be revised with input from meeting participants. The intent of the speaker's bureau is to share resources on a variety of topic to meet the needs of the community.
 - A dashboard is underdevelopment to track the progress towards the goals of the workgroup.
- The next meeting is immediately following the June Partnership meeting 11:30-12:30.**

Treatment and Recovery Supports- Donna Nahlik provided the update for the group. Jean and Chelsea will co-chair the group beginning in June.

- The posters with resource tear offs are printed and ready for distribution. (400 posters with 700 tear off sheets). Posters were printed with funding from a memorial fund. The process for tracking the dissemination of the posters is underdevelopment. The focus is on the rural areas where people need resources and may be fearful to ask for assistance. If you are able to assist with dissemination of the posters, please contact us at PartnershipDrugFreeCommunities@gmail.com
- Brochures will be printed and available soon with the same information to be disseminated in locations which may not be appropriate for a poster.
- The support group list is almost final with new groups added as needed.

The next meeting is June 12 at noon at Chestnut, Maryville location. Join us and bring your lunch.

Law Enforcement- Shared report

- Drug Take Back Day collected 1101 pounds in Madison County, 7850 pounds in Illinois and 21,137 pounds in the St. Louis region.
- Donna attended the meeting to bridge the groups and connect the dots.
- **The next meeting is June 20 at noon at Madison County States Attorney's office over lunch. Contact Tayleur at tablaylock@co.madison.il.us for information.**

Guest Speaker- Medication Assisted Treatment presentation was provided by Michelle Williams, Alkermes(Vivitrol), Territory Business Manager. Some of the important points included:

- Vivitrol is a monthly injection, requires detox prior to beginning, not scheduled and can be prescribed by any prescriber. Counselling is always recommended for successful recovery. Blocks the high of opioids and alcohol, helps people stay in treatment 3 times longer than methadone or suboxone.
- Naltrexone is a daily pill which blocks the high of opioids.
- Methadone is a daily pill.
- Recovery is a lifelong process.
- Fee for Service Medicaid and Managed Medicaid both cover Vivitrol.
- Missouri and Illinois prisons are providing Vivitrol prior to release to improve successful transition.
- 18 is the minimum age to start Vivitrol.
- Naltrexone used for people who cut and Naltrexone and Wellbutrin have been used for weight loss.

Announcements and Other updates-

Cary Trame is retiring from the Illinois State Police. We wish her well in her new adventures.

Karen Tilashalski provided an update on a recent presentation. Dr. Anish John, Rivermend Health, recently presented locally. He discussed dual disorders saying, "it's significantly underdiagnosed," adding, "a significant number of overdoses are suicidal attempts." Via email he went into more depth about the high percentage of suicide attempts. "The West et al study...found that over 65% of opioid overdoses reported were indeed suicide attempts, and of completed overdoses, the percent of those characterized as suicides climbed to 75%. I think there's a lot of interplay between intentional self-harm and hopelessness, difficult to sometimes tease apart in the acuity of the situation."

Amy Yeager mentioned Tobacco 21 legislation is moving through the state legislature. Probably will not get voted on this year. July 1 the Housing Authority implements the smoke free requirement.

June 23, 8:00 a.m. Volley 4 Veterans, Tournament for Centerstone Military Services, benefits cover mental health and substance use treatment for service members, veterans and their families. See flyer for details.

June 25 Lewis and Clark hosting an Opioid Summit details to follow.

Next Meetings:

Wednesday, June 27 at 10:00 a.m. - 11:30 a.m. Please note this is a permanent time change.

No July meeting

Wednesday, August 22 at 10:00 a.m. - 11:30 a.m. at St. Joseph's Hospital in Highland, IL in the Ungacta Conference Room. This is a temporary relocation.

If there are any additions or corrections, please let me know. Denise Strehlow at denise.strehlow@bjc.org or 314-580-3767.