

Let's Talk Prevention

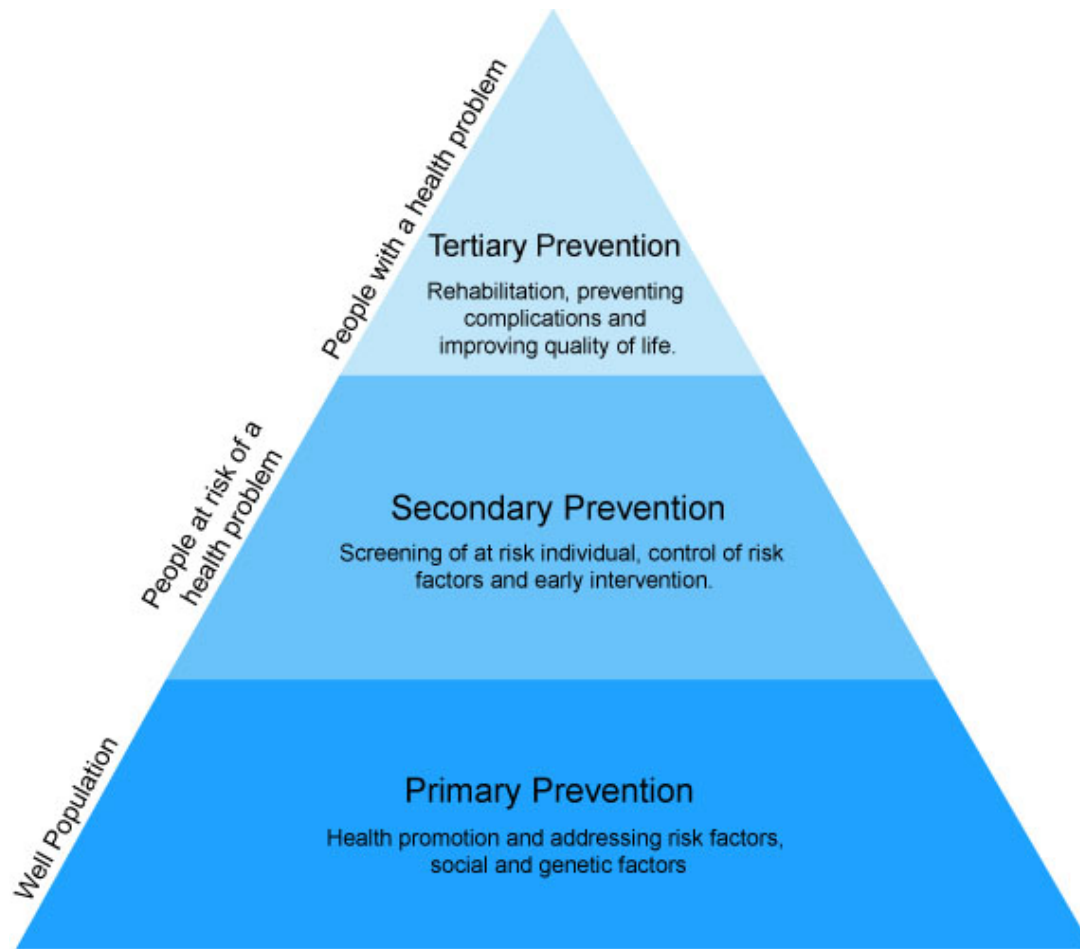
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BJC School Outreach and Youth
Development



Prevention



Our Background

- Part of Shared Services
- Support 15 BJC hospitals in Illinois and Missouri
- Began in 1991
- Nutrition, Fitness, Sexual Behaviors, Safety, Tobacco, Substance Use/Misuse, Career Development



Schools and Health

- Academic success is important for overall health outcomes
 - programs are linked to academic standards
 - associated with lower rates of risky behaviors and higher rates of healthy behaviors
- High school graduation leads to lower rates of health problems

Schools and Health

- Collaborate with school nurses and wellness committees to provide prevention education resources
- Provide training for administrators, school nurses, teachers and other staff members



Measuring Our Impact



- Pre- and post-test the four to six week programs
- Students and teachers complete program satisfaction surveys
- Internal evaluator analyzes and reports the data

2017 - 2018 School Year

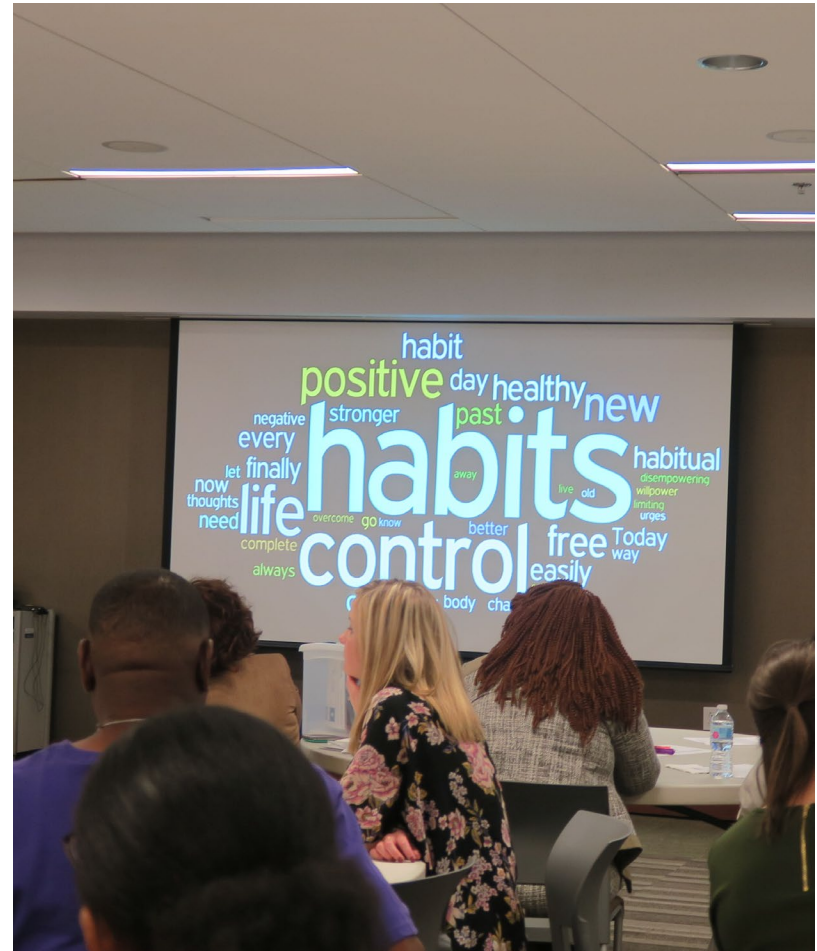
- Prevention education programs delivered in over 115 schools and 45 school districts across the St. Louis region
- Pre/post-tests were given to over 24,000 students in grades 2nd through 12th
- Satisfaction surveys were received from over 269 teachers

2017 - 2018 School Year

- On average, students increased their knowledge by over 30% from pre-test to post-test
- 95% of students and 100% of teachers enjoy and value our programs

Testimonials

- Students said
 - I see now how all things affect my health
 - I liked being able to interact with activities and learn new things
 - I like how the program teaches everyone to better understand themselves and others



How do you fit prevention into your day?



Contact Information

- To schedule a program, call the school program line at 314-286-0460 or complete an inquiry at www.bjcschooloutreach.org
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314-286-0504 or 314-580-8713