



March 24, 2021 Meeting Minutes
Meeting held via Zoom

The meeting began with a welcome to all by Karen Tilashalski. New participants in the meeting, participants were asked to put their name and contact information in the chat. Everyone was asked to please mute their audio until the question and answer time or to make an announcement at the end of the meeting. There were 41 people in attendance.

Guest Speaker

The meeting began with the presentation topic of Sigma and Language by Jen Nagel (The Porchlight Collective SAP) and Liz McQuaid (Chestnut Health Systems). The purpose of the training was to offer “information and tips for providers to consider while using person-first language, as well as terms to avoid to reduce stigma and negative bias when discussing substance use and mental health.”

Key points:

- There are four types of stigma
 - Public-endorsement by the public of negative attitudes against a specific stigmatized group, which manifests in discrimination towards individuals belonging to that group.
 - Perceived-stigmatized individuals think that most people believe common negative stereotypes about individuals belonging to the same stigmatized category.
 - Enacted-direct experience of discrimination and rejection from members of the larger society.
 - Self-negative thoughts, feelings, and diminished self-image resulting from identification with the stigmatized group and anticipation of rejection from the larger society.
- Continuum of substance use/misuse includes abstinence(no use/misuse), experimental, social, recreational moderate chronic and compulsive-chaotic(severe substance use disorder)

General Business:

Congratulations to Janice Rushing, Vice Chair and Karen Tilashalski, Corresponding Secretary in their recent re-election to their current roles. Many thanks to both of them for their service to the Partnership and to thanks to everyone who voted.

Workgroups:

Education and Prevention

- Education and Prevention workgroup is co-chaired by Kristin Grant and LaKendra Moffett. The workgroup is working on an assessment. Kristin asked everyone attending the meeting to visit the Partnership Facebook page. Kristin highlighted the Strategic Prevention initiative with the National Guard and data collection. If you are interested in the education and prevention work group, please contact Kristin at kmgrant@chestnut.org and let her know.

MERC (formerly Recovery and Treatment)

- The workgroup members are working on finding a chair or co-chairs. Karen Tilashalski continues to assist with meetings and provide support as the group continues their work. The Family Support Network potentially expanding their reach to other counties. Please reach out to Karen if you are interested in this workgroup at ktilashalski@chestnut.org or the workgroup email at treatmentandrecoveryworkgroup@gmail.com



Law Enforcement

- **Law Enforcement** workgroup will continue to meet virtually. Kelly Rogers and Chris Singleton will be the co-chairs for the workgroup. The next DEA Take Back Day will be April 24. Any law enforcement organization who is interested in partnering with DEA please contact Brian Hudson at 751-362-7534. March meeting focused on the Illinois HB 3653 and the impact on law enforcement.

Announcements

- Jennifer Carney joined the meeting for the first time and informed the attendees of a new project Not in Vain. A project from the Addiction Loss Program for adults dealing with the grief related to the loss of a loved one who dealt with an addiction.
- Deborah Humphrey offered the Addiction Loss Program-grief group for adults dealing with the loss of a loved one addiction-related causes. Meetings are held at Heartlinks on the second Tuesday of the month from 6:30-8:00 pm at 5110 Main St. Belleville, IL 62226.
- April is Child Abuse Awareness Month
- JoEllyn Patterson announced the expansion of Chestnut's program for post-partum and pregnant women
- Katie Koeller announced OSF has a free online program for mental health called Silvercloud; <https://www.osfhealthcare.org/mental-health/resources/silvercloud>
- Travis announced CenterPointe Hospital has a program for veterans, first responders and active duty military struggling with issues related to trauma, stress and compassion fatigue called Healing for Heroes; contact him at tstear@chmo.net or 636.357.2048

Reminders

Next Meeting: Wednesday, April 28, 10:00 a.m.-11:30 a.m. The meetings will be virtual until further notice.

If there are any additions or corrections, please let me know. Denise Strehlow at denise.strehlow@bjc.org or 314-580-3767.