

Welcome To Our



Coalition Newsletter

Mission: To mobilize our community partners to develop comprehensive strategies focused on drug education, prevention, treatment and enforcement

**#OurHearts**

**National  
Wear Red Day  
February 3**

Heart disease is the leading cause of death in the U.S. Know your risk and protect your heart.

[hearttruth.gov](http://hearttruth.gov)

The graphic includes a circular inset photo of a smiling woman in a red shirt holding a red heart on a stick. At the bottom, there are logos for the NIH (National Heart, Lung, and Blood Institute) and heart.org.

## February Observances

### NATIONAL HEART HEALTH MONTH

You have the power to take action to protect yourself against heart disease. Join @TheHeartTruth this #HeartMonth to spread the word that when we take time daily to be heart-healthy, small acts like adding more moving to our day or choosing healthy foods, can have a big impact on protecting #OurHearts.

[www.nhlbi.nih.gov/heartmonth](http://www.nhlbi.nih.gov/heartmonth)

**NDAFW**  
National Drug & Alcohol  
Facts Week

Register today at [nida.nih.gov/ndafw](http://nida.nih.gov/ndafw)

March 20-26, 2023

The graphic has a green border and a blue bar at the bottom containing the registration link.

## March Observances

NDAFW is an annual week-long health observance that inspires dialogue about the science of drug use and addiction among youth.

## Free Narcan Training

Thursday February 16, 2023  
10am-11am or 2pm-3pm(CST)

For more information email [SR-Narcan@chestnut.org](mailto:SR-Narcan@chestnut.org)  
or call (618)512-1781

**BE PREPARED.**

Stop Heroin  
or Opioid  
Overdose.

**Free NARCAN®  
618-512-1781**

**CONFIDENTIAL**

The graphic features a large white cross on a red background.

# Members in Action Spotlight

Shout out to our Strategic Prevention Framework group members who have been focused on a plan to help us better serve our communities



# Little corner of Inspiration

.....  
*You have to fight  
through some BAD DAYS  
to earn the best  
days of your life.*  
.....

## Trending Topic

Are you ready for Super Bowl LVII?  
Sunday February 12th, 2023



### Tips from the

#### National Highway Traffic Safety Administration

- ➔ Plan ahead: taxi, public transport or sober driver
- ➔ Serve and enjoy non-alcoholic beverages
- ➔ Stop drinking after the 3rd quarter
- ➔ Do not serve alcohol to minors

ON SUPERBOWL  
SUNDAY OCCURANCES  
OF DRUNK DRIVING  
ARE 22% HIGHER  
THAN A TYPICAL  
SUNDAY

## Resources

Illinois Help Line 1(833)-234-6343

Illinois Warm Line 1(866)359-7953

Illinois Tobacco Quit Line  
1(866) 784-8937

United Way  
2-1-1

Madison County Health Department  
(618)692-8954

St. Clair County Health Department  
(618)233-7703

Next Meeting March 22, 2023 at 10am

Website: <http://partnershipdrugfree.org>

Email: [PartnershipDrugFreeCommunities@gmail.com](mailto:PartnershipDrugFreeCommunities@gmail.com)