

Welcome To Our

Partnership for Drug-Free Communities

Coalition Newsletter

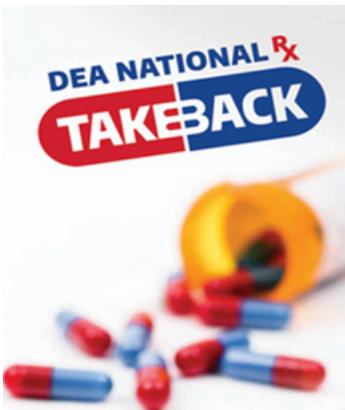
Mission: Mobilize community partners to develop comprehensive strategies focused on drug education, and prevention, harm reduction, justice-focused initiatives, treatment and recovery.

March Observances



National Drug and Alcohol Facts Week®, or NDAFW (March 18-24, 2024), is an annual health observance that inspires dialogue about the science of drug use and addiction among youth. It provides an opportunity to bring together scientists, students, educators, healthcare providers, and community partners to help advance the science and address youth drug and alcohol use in communities and nationwide.

April Observances



National Prescription Drug Take Back Day is April 27, 2024 - 10AM to 2PM. The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

Locate a collection site near you by visiting the link below!
<https://www.dea.gov/takebackday>

Free Narcan Training

Free Virtual NARCAN® Training
Thursday, March 21, 2024
10 a.m. – 11 a.m. or 2 p.m. – 3 p.m.

Register for the March 21, 2024, training at 10 a.m. – 11 a.m.
<https://zoom.us/meeting/register/tJwudumtpjwvEtCk9zxf2kS5YjEL9ftrls5L>

Register for the March 21, 2024, training at 2 p.m. – 3 p.m.

<https://zoom.us/meeting/register/tJUtfuuqzpqgGdXM7cwV-bwLaQjNgaFIH4rO>

For more information email SR-Narcan@chestnut.org or call (618)512-1781

Learn How to Save a Life



Stress Main Factor Driving Teens to Abuse Drugs, Alcohol



Little corner of Inspiration

Remember the time
you thought you
never could survive?
You did, and you can
do it again.

A CDC study looked at 2014-2020 data on over 9,500 people ages 13 to 18, all of who were being treated for a substance use disorder. The teens were asked why they thought they were using or abusing substances.

Easing stress in their lives was the leading factor cited.

"The most commonly reported motivation for substance use was "to feel mellow, calm, or relaxed" (73%), with other stress-related motivations among the top reasons, including "to stop worrying about a problem or to forget bad memories" (44%) and "to help with depression or anxiety" (40%),"

Substance abuse with the aim of easing stress was most often cited for marijuana (76% of teens), prescription pain meds (61%) and sedatives/tranquilizers (55%), the study found.

According to the researchers, prior data has long shown that "anxiety and experiencing traumatic life events have been associated with substance use in adolescents."

resilience

noun

re-sil-i-ence | \ ri-'zil-yən(t)s \

Definition of RESILIENCE

1: an ability to recover from or adjust easily to misfortune or change

Be like the bamboo, bend but do not break



The Partnership in Action

Education and Prevention

Chair: LaKendra Kadiri

Email: Lakendra.Moffett@bjc.org

Strategic Planning

Chair: Richard File

Email: Richard.File@co.st-clair.il.us

Drug Endangered Children

Chair: Veneta Wadlow

Email: VWadlow@riverbendfamilies.org

Family Resource Network

Chair: Craig Loddeke

Email: CraigLoddeke@yahoo.com

Justice Focused Initiative

Vacant

**We have five
work groups.
Join one
today!**

Resources

Illinois Help Line I(833)-234-6343

Illinois Warm Line I(866)359-7953

Illinois Tobacco Quit Line
I(866) 784-8937

United Way
2-1-1

Suicide & Crisis Lifeline
9-8-8 (24-hour hotline)

Madison County Health Department
(618)692-8954

St. Clair County Health Department
(618)233-7703

Next Meeting March 27, 2024 at 10am

Educate ~ Engage ~ Transform

Website: <http://partnershipdrugfree.org>

Email: PartnershipDrugFreeCommunities@gmail.com