



**December 6th, 2023 Meeting Minutes
Hybrid Meeting**

Welcome from Denise

Virtual Attendees:

Kelly Jefferson, Kathy Alford-Spitze, Michelle Brooks, Jennifer Schulz, Emily Snyder, Karen Tilashalski, Hannah Hook, Chas Swearingen, Sarah Armstrong, Emily Won, Tiffany Davis, Rhonda Currie, Stacy Seitz, Teresa Cornelius, Tisha Lancaster, Toni Randall, Emily Snyder, Jessica Duft, Monique Brunious, Naomi Fulton, Sarah Armstrong, Shannon Ickler Wolfe, Tiffany Lancaster, Denis Strehlow, Jen Nagel-Fischer, Jes Banner, Valerie Rashe, Emma Bowen

Announcements:

Contact Mark Knott! Free Narcan: email NARCAN@chestnut.org or 618-512-1781

Guest Speaker:

Kelly Jefferson, NAMI SWI-Preparing for the Holidays

Family to Family class (8 weeks/2hrs)-no cost, families who share with families information about how to cope with different stressors. Self care, problem solve, emphasize. Starting another class in the Spring.

Peer to Peer-teach a class to individuals who are living with mental illness. How do they cope and learn. Starts in the Spring.

Partnership Spotlight- None

General Business: Updates

DEA STL introduction to the group.

Madison County Mental Health Board has a job posting for Program Manager, visit county website for details.

Venise Area Project Board Coat Drive-December 15th 5-8pm If interested in sorting coats or volunteering contact Rhonda@iccscare.org.

RCORP newsletter will be out on 12/8/2023.

Chestnut-resources available regarding gambling for community providers, community locations, and youth. Contact embowen@chestnut.org

Overdose data shared from the Health Dept, to be sent out to everyone in the group.

Workgroup updates:

No updates.

Next Meeting: Planning & Goals in our January Meeting.